



## AP 368 – NUTRITION

### BACKGROUND

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Saskatoon Public Schools recognizes that students require access to healthy foods in our schools to help students reach their potential. The Ministry of Education’s nutrition guidelines inform our school division’s practices. All staff and educational stakeholders will work to follow the provincial nutrition guidelines.

### PROCEDURES

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1. Educational nutrition practices will follow the Saskatchewan Ministry of Education’s nutrition standards for Saskatchewan Schools found within *Nourishing Minds: Towards Comprehensive School Community Health Nutrition Policy Development in Saskatchewan Schools*.
2. The principal will work with staff and the learning community to design and work towards the *implemented stage* of the nutrition guidelines on the *Nutrition Rubric (p.19)*.
3. The Director or designate will work to ensure that all school vendors and contractors will offer healthy food choices that follow the Ministry of Education’s nutritional guidelines.
4. The Director of designate will monitor cafeteria and community partnership agreements to ensure they work towards meeting the *implemental stage* of the nutrition guidelines.

Reference: Saskatchewan Ministry of Education *Nourishing Minds: Towards Comprehensive School Community Health Nutrition Policy Development in Saskatchewan Schools*

Date Last Revised: Saskatchewan Ministry of Education *Health Foods for my School: Nutrition Standards for Saskatchewan Schools*  
September 25, 2017