Principal’s Message

Happy New Year Tiger Families! I hope you all had a chance to spend time with friends and family over the holidays and that your student feels recharged and rejuvenated as their final assessments/exams approach.

In early January, our school’s nominee for the Saskatoon Public Schools Award of Excellence, Ms. Torrie Carlton, was introduced at a luncheon. I had the privilege of introducing and honouring Torrie and was able to sit with her family along with our School Trustee, Donna Banks and we were both able to hear about Torrie’s post-graduate studies in Nursing. We are very proud of Torrie for her incredible accomplishments as a student at Tommy Douglas in her academics, extra-curricular contributions, and her outstanding citizenship.

One of the first steps in Torrie’s journey to this top award was her first set of final exams in grade 9. For all those new to high school, please read over the information about final assessments and exams carefully. Information is included there on bus schedule changes. See page 2 of the newsletter. For those experienced students in grades 10, 11, and 12, please remember to review this information for pertinent dates and times. Classroom teachers will provide students with information on what to expect on their assessment day. Depending on the subject area, this final assessment could be a variety of experiences including a field trip, workshop or guest speaker, student or group presentations, event or activity, a reflection, a traditional exam, or some combination of these. For all students, be sure you take time to look after yourself, make sure you are well rested, and that you are well prepared for your final assessments. Your teachers are available for extra help in the afternoon of exam days if needed. Please check in with your counsellor in Student Services if you require any additional supports.

Schools, organizations, and workplaces across the country are joining the conversation around mental health on Bell Let’s Talk Day, on January 30th. More information can be found within this newsletter on page 5 about this initiative. Students at Tommy Douglas are not in attendance on this day but staff will spend part of our day focusing on mental health and wellness during our Professional Learning Day. We are also planning a Wellness Conference for our students in March. More details about this event will be shared in homeroom classes and in future newsletters.

Course Selection for 2019-2020 begins very early in Semester 2. Please see page 4 of the newsletter for more details on this process.

As the semester comes to an end, I want to thank Mr. Stott (English) and Ms. Davis (English) whose temporary contracts at Tommy Douglas will be ending at the end of the Semester. We wish them well in their future schools. I also want to congratulate Mr. Gelowitz, who has been the Building Operator at Tommy Douglas since the school opened in 2007. Mr. Gelowitz will retire on March 1st. We wish him all the best in his retirement.

On behalf of the staff, thank-you for your continued support,
Colleen Norris
SEMESTER END PROCEDURES

LAST DAY OF CLASSES

The last day of classes this semester is **Monday, January 21st**. It is a regular day.

EXAMINATION DAY FORMAT AND SCHEDULE

Our Final Assessments for Semester One will begin on Tuesday, January 22nd and will continue for the next four school days with the last assessment occurring on Monday, January 28th. A detailed breakdown of the Final Assessment week is below.

**SEMESTER ONE FINAL ASSESSMENT SCHEDULE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Period</th>
<th>Assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 22nd</td>
<td>1</td>
<td>Period 1 Final Assessment</td>
</tr>
<tr>
<td>January 23rd</td>
<td>2</td>
<td>Period 2 Final Assessment</td>
</tr>
<tr>
<td>January 24th</td>
<td>3</td>
<td>Period 3 Final Assessment</td>
</tr>
<tr>
<td>January 25th</td>
<td>4</td>
<td>Period 4 Final Assessment</td>
</tr>
<tr>
<td>January 28th</td>
<td>5</td>
<td>Period 5 Final Assessment</td>
</tr>
</tbody>
</table>

- All exams begin at 9:00 am.
- Students are expected to remain in the classroom until 10:30 am.
- Adaptations and additional time will be provided as needed.
- Teachers are available to help students in the afternoons during the final assessment week.
- Teachers will let students know the time and location they are available for extra help in the afternoon.
- Absences during final assessments must be cleared through administration and/or supported with a note from a physician.
- Students with Day One/Day Two classes (Band, Phys. Ed) will be given specific instructions by their teachers as to when/what their Final Assessment will be.

ATTENDANCE

Attendance will be taken as usual during each of the examination periods. Students are to be in attendance for all scheduled exam periods and class periods during the Final Assessment week unless previous arrangements have been made with administration.

TRANSPORTATION DURING FINAL ASSESSMENTS/EXAMS

During final examinations, buses will operate on their normal schedule for arriving at school. Saskatoon Transit has added the following specials during the week of final examinations:

- Special buses will arrive at Shaw Centre and go from Shaw to the Confederation Terminal at the following times:
  - **January 22, 23, 24, 25**
  - **January 28**
    10:30, 10:35, 11:10 (2 buses), and 11:45 (2 buses).

STUDENTS NOT RETURNING

Students not returning to Tommy Douglas for Semester 2 are asked to notify Student Services as soon as possible.
SEMESTER TWO START-UP

January 30th is a turnaround day for scheduling and teacher professional development and there is no school for students. The **first day of second semester is Thursday, January 31st**. Homeroom lists will be posted in the hallways so that students can easily find their homeroom class to begin the day. The schedule is as follows:

- **8:55 – 9:58** Period 2 (Homeroom – receive Second Semester schedules)
- **10:03 – 11:06** Period 1
- **11:06 – 11:21** Break
- **11:21 – 12:24** Period 3
- **12:24 – 1:14** Lunch
- **1:14 - 2:17** Period 4
- **2:22 - 3:25** Period 5

**LOCKERS FOR SECOND SEMESTER**

- Students will **continue to use the same locker** in second semester as they were issued in the first semester. If students need to change their locker they should see Ms. Mukanik in the main office.
- Only school issued locks are to be used on lockers.

**TEXTBOOKS**

Student notices and teachers will advise students of the procedure for returning textbooks. Textbooks are issued for Semester 2 through the library during the first week of the Semester. **Textbooks will only be issued to students who have returned their last semester’s textbooks, and have cleared any fines.**

**FIRST SEMESTER REPORT CARDS**

Report Cards for the First Semester will be distributed to students in Period 2 on **Tuesday, February 5th**.

**SCHEDULE CHANGES FOR SEMESTER TWO**

Students who believe they need to change their timetable for a legitimate reason must have completed a “Course Change Request Form” complete with parent signature and bring it to Student Services. Students must attend the current timetable they have.

If students believe there is an error or omission in their timetable they should report to Student Services.
REGISTRATION FOR 2019-2020

Early in Semester Two, students and families will be provided with information on registering for the 2019-2020 school year in their home rooms. Registration can be done from home on student Maplewood accounts. Instructions are provided.

If families with students in grades 9, 10 or 11 would like more information on Course Selection, they are invited to attend a Course Selection Information Night on Tuesday, February 5th at 7:00 p.m. in the library. This will be held in the Library. Post-Secondary representatives will also be available to answer questions about programs beyond high school.
Many people living with a mental illness report that negative stereotypes about mental illness, and the resulting potential for discrimination, cause them more suffering than the illness itself. As a result, two thirds of those suffering from mental illness are too afraid to seek the help that they need.

Mental illness affects people of all ages and from all walks of life. It can take many forms, including depression, anxiety and schizophrenia. Most individuals find ways to live with their illnesses but how they are treated by others often proves to be more of a challenge than the illness itself.

Stigma surrounded many diseases in the past, but concerted efforts to confront these attitudes resulted in change for the better, including better treatment, more funding for research, and greater understanding from family, friends and colleagues. The goal is to achieve the same level of acceptance and understanding regarding mental illness.

On Bell Let’s Talk Day, for every text, mobile and long distance call made on the Bell network, tweet using #BellLetsTalk, social media video view, or use of the Facebook frame or Snapchat filter, Bell will contribute 5 cents more to Canadian mental health programs.

You can download the Bell Let’s Talk toolkit to begin your own conversation about mental health at home, school or in the workplace, and also learn more about the five simple ways to end stigma.

Join us as we work together to break down the stigma that surrounds mental illness.

**Language matters**

**Be kind**

**Educate yourself**

**Listen and ask**

**Talk about it**

There are 5 ways to help end the stigma around mental illness.

Join the conversation. Your small actions have a big impact.

Learn more at bell.ca/letstalk
Bus Passes
You may reload your high school student Go-Pass Card at the Main Office. Monthly passes are $59.00. It is recommended that students personalize their Go-Pass card at Transit Customer Services: 226 - 23rd St. E. Saskatoon (306) 975 - 3100. If the Go-Pass card is personalized, Saskatoon Transit can replace it if it’s lost or stolen. The school cannot replace the Go-Pass card.

Is Your Contact Information up to Date
At Saskatoon Public Schools, the safety of our students is our first priority. As part of this commitment, we believe in providing comprehensive means for communicating with families. It is our goal to provide you with important information promptly when necessary.

In the case of urgent situations that cause disruptions to school operations we will notify you through a mass notification system, Everbridge. This may include severe weather, water main breaks, power outages, and school lockdowns. Please ensure your contact information is up-to-date with your child’s school.

If you have any questions please contact your school principal.

CELL PHONES
Cell phones are part of everyday life for most of our students. Unfortunately these items are small and easily misplaced. We have numerous inquiries every week about missing phones. Please remind your student to install a “Find My Phone” app on their device, this will ensure that if it goes missing it can be more easily located. Tommy Douglas Collegiate is not responsible for lost items, therefore it is important to remind your student to lock items in their lockers and not leave them in their backpacks or lying on tables.

YEARBOOKS
Pre-ordered 2017-18 Yearbooks can be picked up in Room 126. Yearbooks for 2017-2018 have been sold out and can no longer be purchased. The deadline to order 2018-2019 Yearbooks at the Main Office is January 31st, 2019. Yearbooks are $35.00
Library News
Please make sure that you have returned or renewed your library books so that they do not become overdue. Students who have not returned or renewed their library books by January 28th will be receiving a notice of payment with their report cards.

Textbook Returns
Students should keep their Semester 1 textbooks until they are finished writing their final exams. They are encouraged to return each textbook immediately after they complete the exam for that particular subject.

Textbook returns will be from Tuesday, January 22nd to Monday, January 28th. All textbooks from Semester 1 must be returned before new textbooks will be issued for Semester 2.

If you have lost your textbook(s), please see Mrs. Ireland or Mrs. Sawatsky in the library.

Social Media – Being Responsible Users of Social Media

Cyber Safety! What to do if you are targeted online:

STOP – Do not respond
BLOCK – The person sending harmful/hateful messages
TALK – Tell a teacher, counsellor, administrator, RAP facilitator
SAVE – Screen shot and save messages (if authorities need to become involved they will need proof of messages)

****Don’t follow groups that are designed to anonymously make fun of others and/or provide gossip.****

Here’s the link to our Division’s online policy - Saskatoon Public Schools Social Media and Online Posting Policy

Some of the main points to remember from this policy are listed below:

Staff and students are responsible for the content of all references made online, and will be held accountable for material that is defamatory to the school or school personnel, students, parents or any other member of the school community using digital media such as social networking sites, blogs, webpages or email.

Staff and student use of digital media must not be used to threaten or publically criticize students, staff, parents, or colleagues. Staff and students must respect the privacy and the feelings of others.

Students must ensure their online activity does not adversely affect the learning environment.

It is very important that our digital selves match our real life selves. It’s so important that our online behaviors/activities do not have a negative impact in our real lives!
STUDENT FEES 2018-2019

Student fee invoices (with a balance owing) will be distributed to students during semester turnaround. Fees can be brought to the Main Office. Please bring cash (exact amount) or a cheque payable to Tommy Douglas Collegiate. Please add $35 to the fees if you would like to order a yearbook. If you have any questions, don’t hesitate to contact the main office at 306-683-7910.

FROM THE BOARD TABLE

At Saskatoon Public Schools, our goal is to see all children and youth discover, develop and act upon their potential. Learn more about the inspiring work in our classrooms, schools and city by reading our Report to the Community at saskatoonpublicschools.ca #move2grow

The 2019 Indigenous Ensemble Calendar is on sale for $10. Proceeds from the calendar sales will be used to support the Indigenous Ensemble.

Calendars are available for purchase at:
Saskatoon Public Schools
Central Office
310 – 21st St E, Saskatoon, SK

2019 CALENDAR

Important Dates:

JANUARY 15 - Saskatoon Board of Education Meeting 7 p.m.
**RED CROSS PINK DAY**

**Pink Day** is **Wednesday February 27th**!

This is a day that highlights the importance of standing up to bullying and building healthy relationships. We will acknowledge the importance of this day with some fun activities! This will include education and reminders of being good citizens both in real life and online and learning to stand up to behaviors that are harmful and hurtful to others. Stayed tuned to Student Notices for more information. If you have any questions or concerns please talk to Megan Mitchell, RAP Facilitator.

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**Georgios Servery**

Georgio is the mastermind behind all the delicious and nutritious food that comes from the servery at Tommy Douglas.

- Daily Specials $5.00 or less
- Salads, Soups, Nachos, Taco-in-a-bag

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**BOOK & BAGEL**

A huge thank you goes out to **Great Canadian Bagel** for supplying us with Bagels for our Book and a Bagel every Wednesday morning from 8:00 am to 8:45 and to **No Frills** for their generous donations for our Nutrition Program. Thank you for supporting our community of students!

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**TIGER OF THE MONTH**

Every month, Tommy Douglas Athletics will be awarding two students the Tiger of the Month. The monthly awards will go to students who show leadership, positive attitude, are coachable and have an eagerness to learn. Each student will get a gift basket and gift card from 7-11.
**Tutoring and Homework Help**

After School Tutoring Sessions for all students in all subjects. Work in a relaxing environment. Receive one-to-one help with your homework from University students.

**Tuesdays 3:30—5:30**

**Room 116**

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**MUSIC NEWS**

**Upcoming Band Concerts:**

**Festival Concert**
Wednesday, March 27, 7:00 pm in the theatre

**Spring Concert**
Tuesday, May 28, 7:00 pm in the theatre

**Upcoming Band Trips:**

Gr. 9/10 Band to the Regina Optimist Music Festival March 21-22
Sr. Band to Calgary and Banff, AB April 4-7
Saskatoon Music Festival Week of April 1-3 – Gr.9/10 Band and Sr. Band

**Choral 9/10/20/30**
Is offered in 2nd semester this year and is open to anyone in grades 9 through 12. Everyone and anyone is welcome to join the class, regardless of singing experience! This class will offer a variety of pop/classic choral/African spiritual as well as lessons on theory, ear training, critical listening/analysis, lyric analysis, and much more! Please see Mr. Cuff in the band room if you have questions or go to student services to enroll.

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The TDC Home Economics Department wishes to thank the Canadian Home Economics Foundation (CHEF) for their generous support for their Aeroponic Tower Garden Project. The project is fully funded through the Resource for Youth-Patricia J. Hames award. Our staff and students are very grateful for to be able to continue strengthening our school food environment. Likewise, we are excited for an engaging, hands-on learning opportunity!
**Night of Improv**  
*(Feb 4th, Tommy Douglas Theatre)*  

The 3rd Annual Night of Improv will be taking place Feb 4th in the theatre of Tommy Douglas Collegiate from 6:30 - 8:30pm. The night will showcase the competitive Improv teams of Saskatoon going head to head in a friendly competition. The Tommy Douglas Staff also have a team in on the fun which is always a nice way to meet some of the teachers of the building. The night is the final practice for our three school teams before they head off to Regina for Regionals. We have some strong talent this year who will be sure to entertain you!  

Tickets are sold at the door and are $4.99 each. All proceeds go towards fundraising for the Regional Competition and Nationals of the Canadian Improv Game if we qualify.

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**Musical**

This year’s musical is Disney’s NEWSIES. NEWSIES is a high energy, dance heavy show that portrays the story of newspaper boys at the turn of the century fighting against their government for their rights.

Performances are nightly from May 22nd to 25th @ 7:00 p.m.

Matinee on Saturday, May 25th @ 2:00 p.m.

Ticket Prices will be announced at a later date.

Plan to join us.
Off the Grid

Our second year with the Off the Grid program is underway and there have been lots of highlights thus far. The class won the Rob Dumont Energy Conservation Award through our efforts to make Tommy Douglas a more environmentally sustainable building. We had our first camping trip where the students had a chance to learn some basics in camping before we head off on our Winter and River Trips later in the year. Weather kept us from adding to our Rammed Earth Gazebo in first term but we will be moving that experience to second term along with our tree planting expedition.

Our waste reduction campaign started things off by organizing a water bottle deal with Al Anderson Sports to get a new water bottle for every grade 9 in the building to use instead of them relying on non-renewable bottles. It is our hope to have plastic water bottles eliminated from public schools in the coming years. Our next big campaign is a city-wide Plastic Bag initiative that will put pressure on city hall to move forward on a policy to ban plastic bags from grocery stores to alleviate pressure on our landfill and river systems.

The class harvested the school garden and provided grocery bags for other students to take home to promote nutrition in our community. Our research projects are underway which will send students to the Rocky Mountains and down south to Saskatchewan Wind farms. We

SKIT NIGHT

December marked the 9th Annual Skit Night at Tommy Douglas, where the seniors of the school wrote and directed the younger actors of the school in a night of entertainment and comedy. We had a great showing for the event this year and we look forward to putting it on again in 2019!

Regular Schedule

| Period 1   | 8:55-9:58 |
| Period 2   | 10:03-11:06 |
| Break      | 11:06-11:21 |
| Period 3   | 11:21-12:24 |
| Lunch      | 12:24-1:14 |
| Period 4   | 1:14-2:17  |
| Period 5   | 2:22-3:25  |

Special Event Schedule

| Period 1   | 8:55-9:40  |
| Period 2   | 9:45-10:30 |
| Break      | 10:30-10:45 |
| Period 3   | 10:45-11:30 |
| SPECIAL EVENT | 11:30-12:30 |
| Lunch      | 12:30-1:20 |
| Period 4   | 1:20-2:20 |
| Period 5   | 2:25-3:25  |
# Tiger Store Items

Please note:

The Tiger Store will be open once a week or see Ms. Diederichs at any time.
You can watch the Student Notices for days and times it will be open.
Thanks

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sweats</td>
<td>$25.00</td>
</tr>
<tr>
<td>Hoodies</td>
<td>$45.00</td>
</tr>
<tr>
<td>Hats</td>
<td>$35.00</td>
</tr>
<tr>
<td>Grey T-shirts</td>
<td>$15.00</td>
</tr>
<tr>
<td>Gildan Soft T-shirt</td>
<td>$16.00</td>
</tr>
<tr>
<td>Baseball T’s</td>
<td>$20.00</td>
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<tr>
<td>Heathered Navy and Orange</td>
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</tbody>
</table>
"Eye of the Tiger" Career News

Congratulations! Semester 1 is almost behind you and lucky for you, there are a number of career opportunities coming up in Semester 2.

Already on the career center bulletin board are applications for:

**Culinary Skills Bootcamp – applications due February 5th** – 10 sessions running Tuesday evenings 4:00 - 8:00 at SaskPolytechnic on Idylwyld, learn history, theory, gain skills while cooking meals, for grade 10, 11, 12 students. You may also earn a Tourism, Hospitality and Entrepreneurship credit from this experience if you meet the criteria.

**Automotives – Applications due February 13th** – spend 1 evening a week for 10 weeks using hands on experience while gaining a better understanding of automotive service, maintenance and repair, for grade 10, 11, 12 students. Sessions will be at Walter Murray High School on Wednesday's. Time is not noted.

Grade 10 Science classes have started the next step on the Grad Plan Post Secondary Plan. If you have a student in grade 10, please ask them about it. This involves researching occupations and post secondary schools on [www.mybluerint.ca](http://www.mybluerint.ca) Career Planning pull out – grade 10’s will have an hour dedicated to updating their résumé with Ms. Carter in Semester 2.

What’s coming up:

**Spotlights – one day learning opportunities in the following areas:** Aviation, Agriculture and related careers, Chemical and Biotechnology, Computer Science, Construction, Culinary Arts, Dentist and Dental Hygiene, Entrepreneurship and Business, Fine Arts, Interior Design and Architecture, Mental Health and Addictions Counsellor, Mining and Related careers, Pharmacy/Pharmacy Technology and Nutrition, Police and RCMP, Veterinary/Vet Technology

**HealthLink – March** – panel discussion including a general practitioner, a specialist, a medical student and a student resident, sessions include: nursing, therapies, technical and medical diagnostics, mental health and addictions – sign up at career center.

**SaskPolytechnic - Insight - Date: April 10** Time: 9:00 a.m. - 12 p.m. See Ms. Carter if you’re interested in attending one of these programs. **Participating Programs are not posted yet.**

**Parent night at SaskPolytechnic – Information night** – March 27- visit their website for more information

**Women in Trades and Technologies (WITT)**

A workshop, led by female trade professionals, will include basic skills in:

- Auto Body
- Automotive Servicing
- Building Systems (Regina only)
- Carpentry (2-day Saskatoon only)
- Electrical
- Machining
- Plumbing
- Welding

Class dates: Feb. 9/10, Feb. 23/24, Mar. 9/10, Mar.23/24

Regina and Saskatoon Campuses

Registration is now open. Cost is $300

**Economics for Success – grade 10’s - May**

**Digitized – May –** attend a full day session and experience careers in computers and information technology at the U of S

**Summer Youth Internship program -** applications coming out late April – work in a trade during the summer months – earn not only money but hours towards apprenticeship.
## Collegiate Open Houses

Join us at any of our 2019 collegiate open houses. Discover the many learning opportunities we offer and choose your school.

<table>
<thead>
<tr>
<th>School</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aden Bowman Collegiate</td>
<td>Tuesday, February 12</td>
<td>7:00 pm</td>
</tr>
<tr>
<td>Bedford Road Collegiate</td>
<td>Wednesday, February 6</td>
<td>6:30 pm</td>
</tr>
<tr>
<td>Centennial Collegiate</td>
<td>Tuesday, February 12</td>
<td>7:00 pm</td>
</tr>
<tr>
<td>Evan Hardy Collegiate</td>
<td>Wednesday, February 13</td>
<td>7:00 pm</td>
</tr>
<tr>
<td>Marion M. Graham Collegiate</td>
<td>Tuesday, February 5</td>
<td>6:30 pm</td>
</tr>
<tr>
<td>Mount Royal Collegiate</td>
<td>Tuesday, February 5</td>
<td>7:00 pm</td>
</tr>
<tr>
<td>Saskatoon Christian School</td>
<td>Thursday, February 7</td>
<td>7:00 pm</td>
</tr>
<tr>
<td>Tommy Douglas Collegiate</td>
<td>Wednesday, February 13</td>
<td>7:00 pm</td>
</tr>
<tr>
<td>Walter Murray Collegiate</td>
<td>Thursday, February 7</td>
<td>7:00 pm</td>
</tr>
</tbody>
</table>

[Visit Saskatoon Public Schools website](http://saskatoonpublicschools.ca)
Dates to Remember

January
- 22-28  Final Exams
- 29-30  Semester Turn Around - No School for Students
- 31  Semester 2 Begins

February
- 05 Report Cards - Semester 1
- 13  TDCI Open House at 7:00 PM
- 18-22  Mid Term Break

March
- 28  Parent Teacher Interviews (p.m.)
- 29  PD/Planning  a.m. No School for Students
- Parent Teacher Interviews (afternoon)

April
- 18 Report Cards - Midterm
- 19  Good Friday - No School for Students
- 22-26  Spring Break—No School

May
- 17  PD/Planning Day - No School for Students
- 20  Victoria Day - No School

June
- 07  Tommy Awards /Colour Day /Formal Day
- 12  Athletic Awards Banquet 7:00 p.m.
- 17  Pd5 Final GR 12 Only (Gr 09-11 a.m. classes only)
- 18-24  Final Exams
- 26  Grade 12 Graduation
- 29  Grade 9 Orientation at 9:00 a.m. /Report Cards
- Last Day for Staff

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